# **GRISHKO® ACADEMY**

DANCEWEAR FOR STUDENTS OF BALLET ACADEMIES AND SCHOOLS





Dance Academy.

he best teachers know that the key of future success is always in details. This has become the main reason for collaboration of GRISHKO® with the worldwide famous ballet schools – The Bolshoi Ballet Academy, Vaganova Academy of Russian Ballet, Boris Eifman

> The secret of GRISHKO<sup>®</sup> uniform popularity is in its refined form. It's the carefully verified line of the back that allows the teacher to control the correct work of shoulders and neck, the form of hip cut that makes the movement easy, staying on the same place even during the most intensive exercises, and unexceptionable quality of fabrics.

> Minimalism and hi-tech solutions – is what we stand on to guarantee the comfort, saving the elegant form, sophisticated and moderate silhouettes, breathable and handy materials, perfectly précised details.

> Ballet school is not only the famous names of its teachers and signature move of the graduates, but the branding that puts together all the details. Create the image of your school both in class and during away events as the best ballet academies and theatres do - choose the suitable form and color, and GRISHKO® team will take care of the quality.

# **5 EASY STEPS** TO CREATE YOUR ACADEMY STYLE



Elegant camisole styles with mesh or without endless classic, beloved by dancers.



Underline the silhouette - make the girls look taller and waist thinner.

**NEW MODELS** 

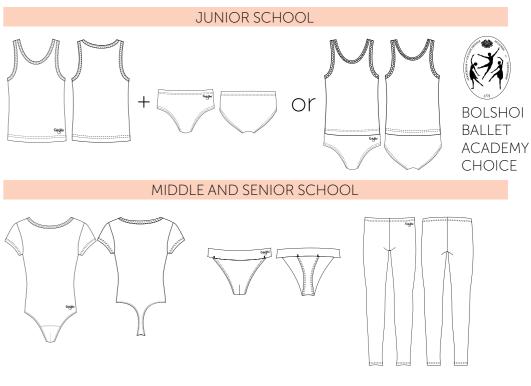
# 2. SELECT COLOR: JUNIOR, MIDDLE, HIGH

Choose among variety of colors to fulfil the style of the school. You can have one color for everyone, or divide them depending on the age.



CHOOSE BOY'S CLOTHING

As a rule, boys use shorts in junior class, while middle and senior classes prefer leggings with bandage. These items are created to meet the highest standards of professional dancers, and made of the highest quality fabrics to be comfortable and durable.







Complete the look with suit for the time between the classes or during the warm-up. It's also a good uniform for the outside events contests, tours or workshops.



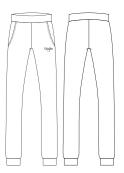
\* You can order original Vaganova or BBA uniform marked with the Academy logo, written in Russian or English.

5. PERSONALIZE WITH LOGO OF THE ACADEMY

Add the logo of the school to underline the status and divide your students from all other schools. Choose the place and size of the logo.













BOLSHOI BALLET ACADEMY

e hold in honour the centuries-old traditions of the ballet artists education. One of these traditions is a uniform for classic dance. This uniform disciplines as well as makes students feel themselves as a part of the entire – alma mater Moscow ballet school. Working with GRISHKO® we received really comfortable, beautiful and professionally made apparel for ballet classes.

Rector of The Bolshoi Ballet Academy, people's artist of Russia, laureate of prize of the Government of the Russian Federation, art history PhD, professor MARINA LEONOVA











VAGANOVA BALLET ACADEMY

earing compulsory academy uniform makes students accustomed to obey the rules. The school discipline is the most important thing for beginners at initial ballet training. Uniform requirements always existed at the Vaganova Academy of Russian Ballet. My goal is to bring back the tradition. In that way everyone should have equal opportunities for training enabling a person to get closer to perfection.

Rector of the Vaganova Ballet Academy, people's artist of Russia, laureate of state prizes NIKOLAY TSISKARIDZE



# FABRIC FEATURES OF GRISHKO LEOTARDS

We carefully control the production to make the garment soft to touch like the second skin - because when your body feels comfort, you can concentrate on the main - dance.



The best existing high-tech and soft fabric for the sportswear that guarantees the comfort during any movements.



Super soft like a peach inside makes you feel the garment like the second skin



Polyamide micro — hi-tech breathable fabric.



Easily absorbs the moisture and looks good even when it's a bit wet.



Fast-dries and doesn't need ironing.



Has UPF 50+ that allows to wear the garment during outdoor classes.



Special bi-stretch technology helps you to feel free during stretching and active exercises.



Keeps the form and doesn't lose it after the numbers of washing cvcles.



Colors remain bright after a large number of washes.

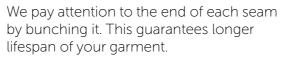


# CAREFUL PRODUCTION FOR YOUR CONFIDENCE



We use three different types of thread to answer stretching properties of the materials.

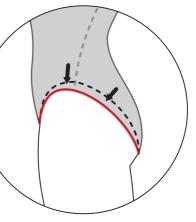




# UNIQUE CONSTRUCTION

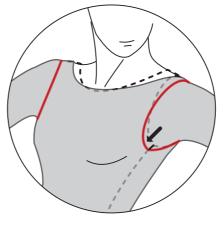
Perfect basic leotard is a combination of construction refined through the years, high-quality fabric and irreproachable manufacturing.

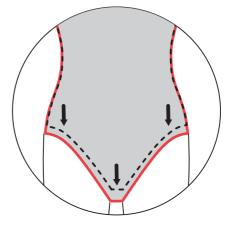




Deep back cut shows the shoulder bone.

The leg-cut is changed to make the hip more hidden.



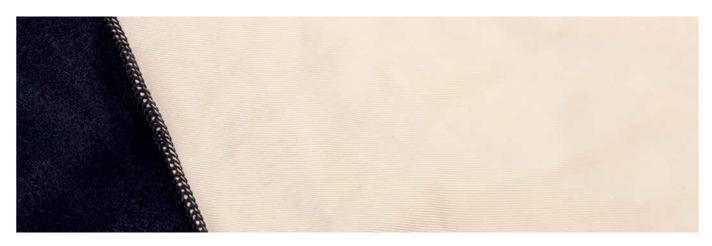


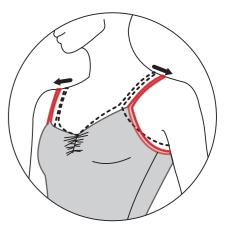
For the comfort of arm movements the armhole is done lower.

Adjusted body length according to statistic data, which shows, that people are getting taller.

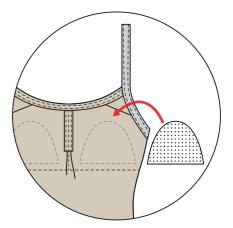
# NUDE LINING

We use nude lining in our leotards, that gives girls the confidence that nothing is visible under the garment.



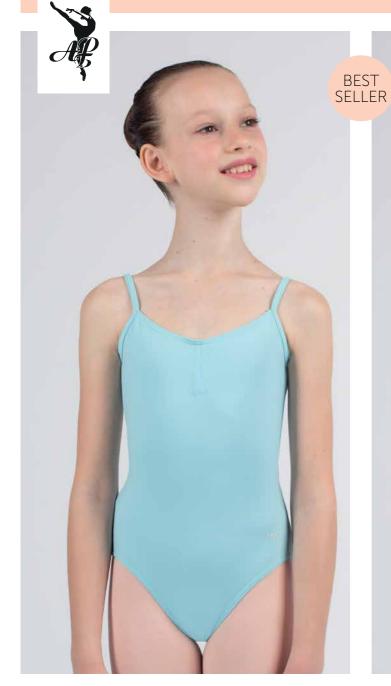


The straps are moved from the front to the shoulders to make them look less evident.



The lining is made with "pocket", so you can easily add inserts (depends on the model). The formed cups are ordered separately.

#### VAGANOVA BALLET ACADEMY UNIFORM





## LEOTARD WITH STRAPS

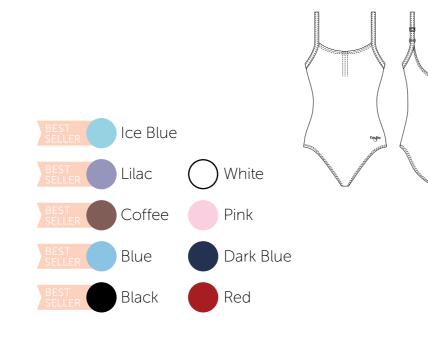
**DAD 1491M** Size: 28–38 Without lining

**DAD 1491MP** Size: 28–36

With lining

**DAD 1491MP** Size: 38 With lining and pockets for cups

80% polyamide micro, 20% elastane



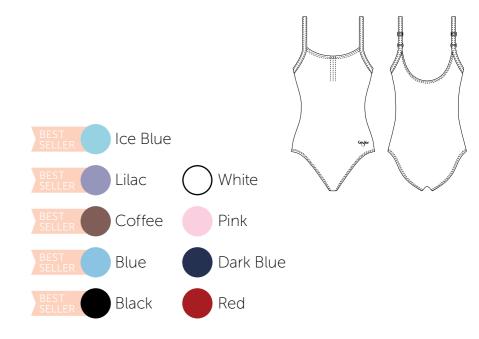


## LEOTARD WITH STRAPS

**DA 1491M** Size: 40–50

Without lining

**DA 1491MP** Size: 40–50 With lining and pockets for cups



80% polyamide micro, 20% elastane

#### VAGANOVA BALLET ACADEMY UNIFORM







BOLSHOI BALLET ACADEMY UNIFORM

# LEOTARD WITH STRAPS AND MESH

#### DAD 1491/1M Size: 28-38

Without lining

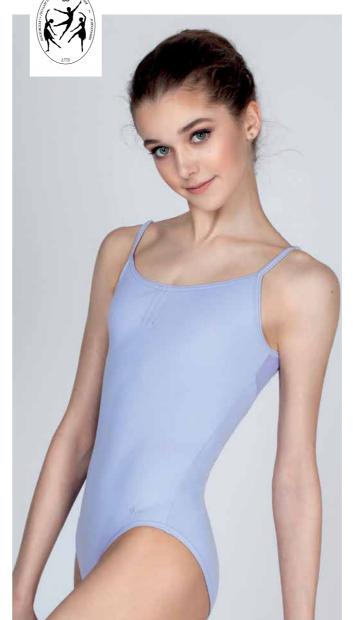
#### DAD 1491/1MP

Size: 28-36 With lining

DAD 1491/1MP Size: 38 With lining and pockets for cups

80% polyamide micro, 20% elastane

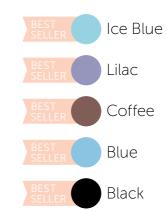




# LEOTARD WITH STRAPS AND MESH

DA 1491/1M Size: 40-50 Without lining

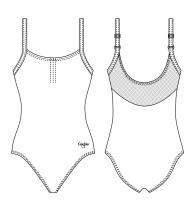
DA 1491/1MP Size: 40-50 With lining and pockets for cups



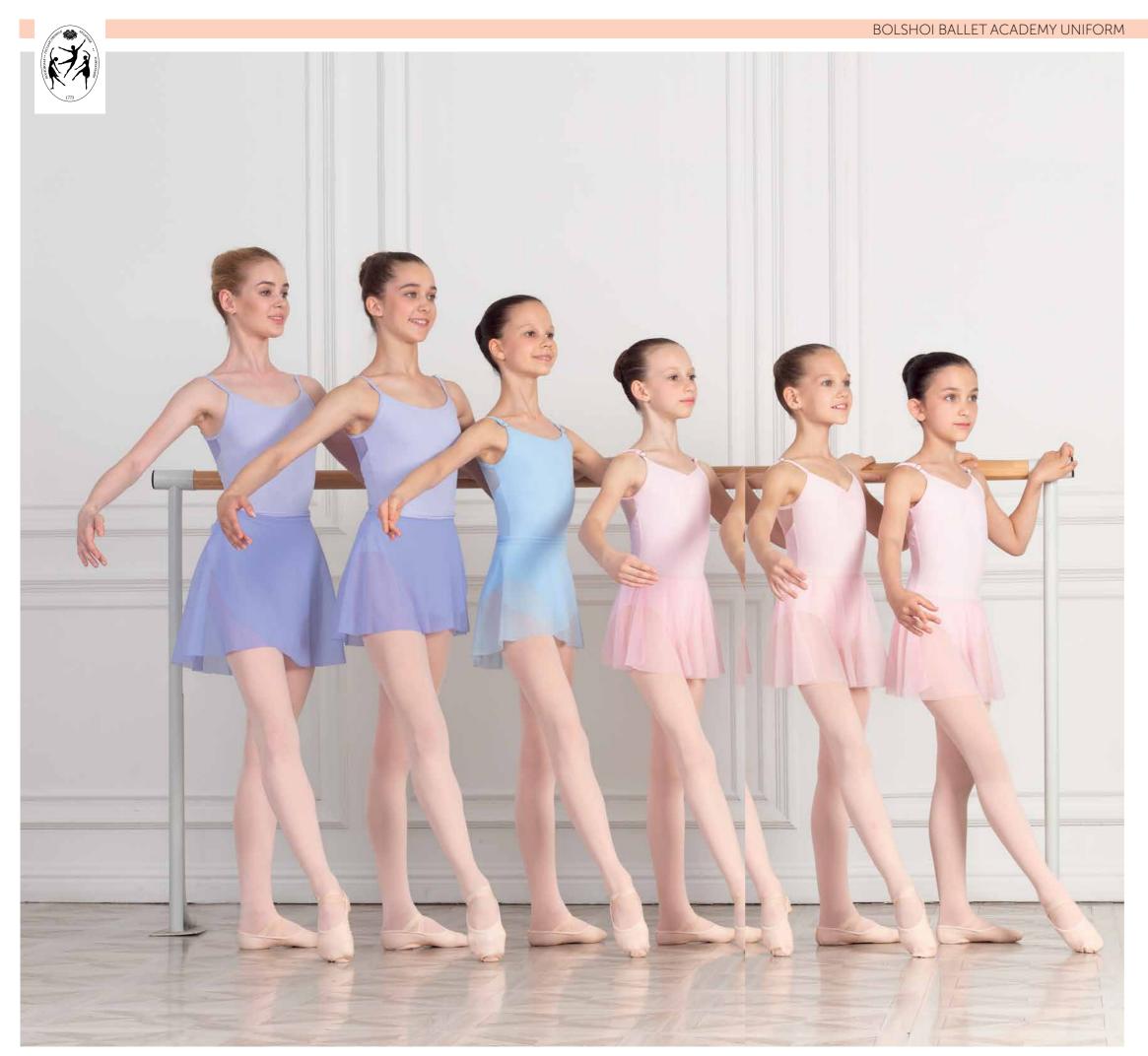
80% polyamide micro, 20% elastane

#### BOLSHOI BALLET ACADEMY UNIFORM





- White Pink Red



he success is reached through long and hard work, and knowing it we did all our best to make this way for the young dancers easier. Now we're proud with the result — a child, fully dressed in GRISHKO<sup>®</sup> feels confident both in class and on the stage. Every ballet school and ballet academy has its own style and branding. Some prefer one color and diffident styles depending on the age, while the other can have different colors, having the same form for different classes.

We consulted with the famous teachers and dancers from Vaganova Ballet Academy, The Bolshoi Ballet Academy, St. Petersburg Eifman Ballet and Dance Academy to create the garments that are comfortable and beautiful at the same time. Now they are loved in the best ballet schools all over the world — let your students be impeccable in GRISHKO® uniform!

President and founder of GRISHKO® group of companies NIKOLAY GRISHKO

# LEOTARD WITH STRAPS

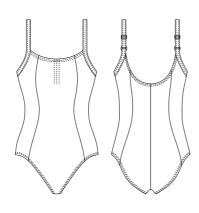
#### **DAD 1001M** Size: 28–38 Without lining

**DAD 1001MP** Size: 28–36 With lining

**DAD 1001MP** Size: 38 With lining and pockets for cups

80% polyamide micro, 20% elastane





Basic leotard with adjustable straps and additional seams that make the figure look even more thin and graceful.



## LEOTARD WITH STRAPS

#### DA 1001M

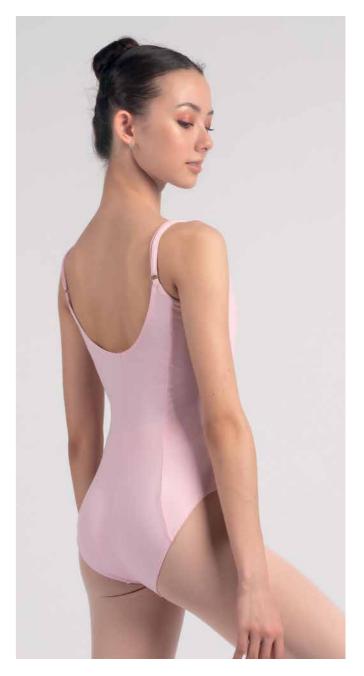
Size: 40–50 Without lining

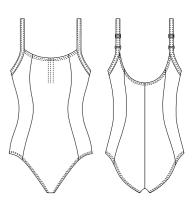
DA 1001MP

Size: 40–50 With lining and pockets for cups



80% polyamide micro, 20% elastane







Basic leotard with adjustable straps and additional seams that make the figure look even more thin and graceful.

# LEOTARD WITH STRAPS

DAD 1258M Size: 36–38 Without lining

DAD 1258MP Size: 36 With lining

DAD 1258MP Size: 38 With lining and pockets for cups

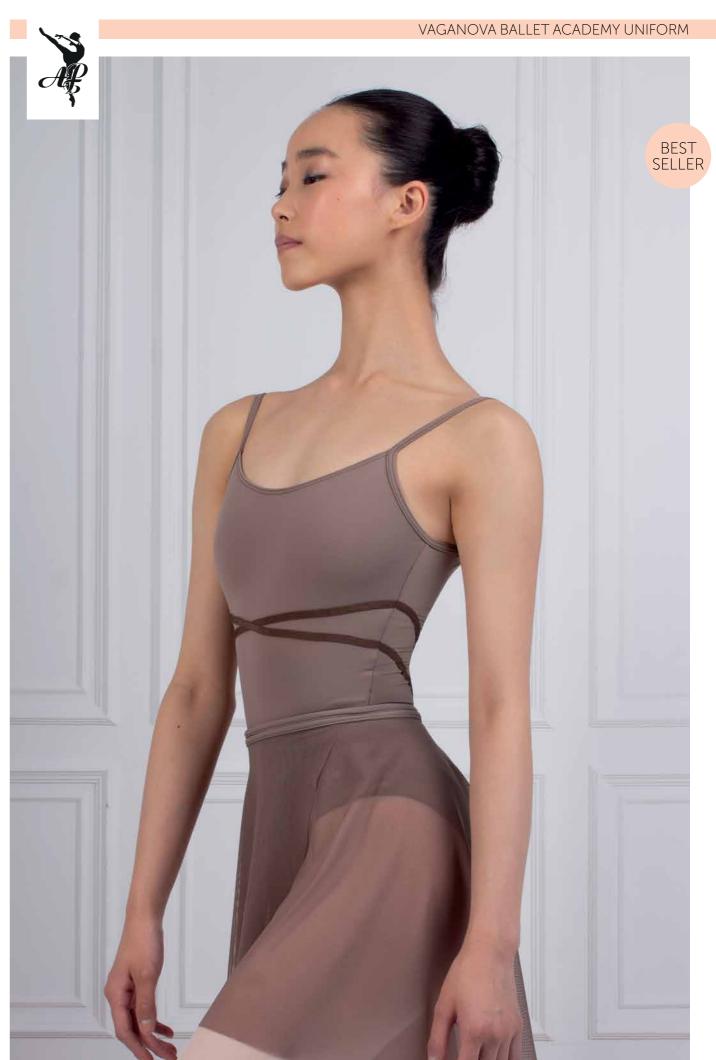
80% polyamide micro, 20% elastane

#### DA 1258MP Size: 40-50 With lining and pockets for cups













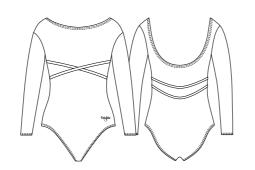
# LEOTARD WITH LONG SLEEVE

#### DA 1260M

Size: 40–50 Without lining

DA 1260MP

Size: 40–50 With lining





Coffee

Black

We added sleeves to our bestseller DA 1258MP for winter time or strongly conditioning classes. Feel the comfort, saving the usual look in the class!



80% polyamide micro, 20% elastane



# LEOTARD WITH STRAPS

**DAD 1930M** Size: 36–38 Without lining

**DAD 1930MP** Size: 36–38 With lining

80% polyamide micro,

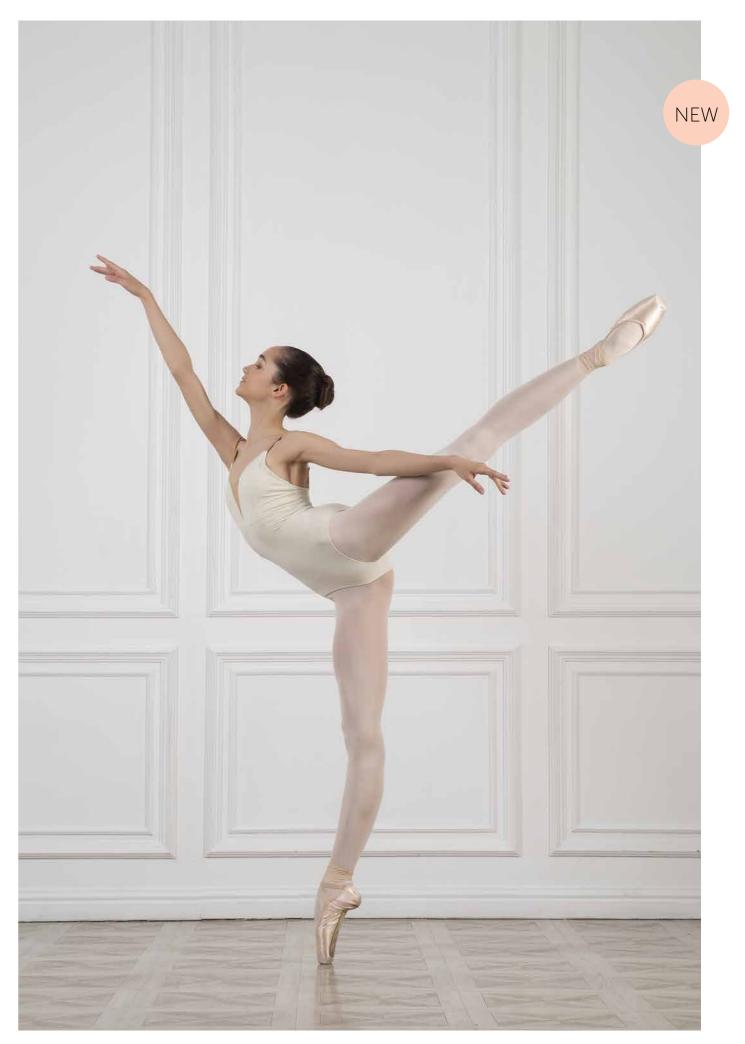
20% elastane

**DA 1930MP** Size: 40–50 With lining





Style preferable for elder classes and performances the straps made of nude elastic and the front detail create a slim and airy silhouette.





# LEOTARD WITH LONG SLEEVE

DAD 1931M Size: 36–38 Without lining

DA 1931M Size: 40-50 Without lining

White

Pink

Lilac

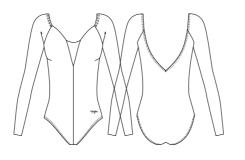
Ice Blue

Blue

Red

Black

Medium Taupe



Created in 2019 for qualification exams at the Bolshoi Ballet Academy, this model drew a response. Now you can have the leotard, loved both by teachers and graduates of one of the best ballet schools in the world!



80% polyamide micro, 20% elastane

# BEST SELLER

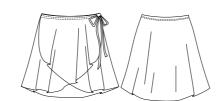
# MESH SKIRT WITH TIES

#### 06017/1

Size: XS — 30 cm S — 32 cm

93% polyamide, 7% elastane





Comfortable wrap skirt with ties, which can be fixed at any waist size. Has two lengths — 32 cm for kids (size S) and 40 cm (size M) for teenagers and adults.



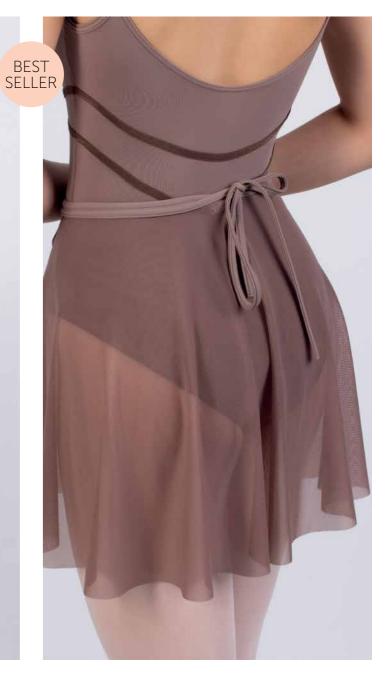
# MESH SKIRT WITH TIES

#### 06017/1

Size: M — 40 cm L — 48 cm XL — 55 cm

93% polyamide, 7% elastane





)White Pink Ice Blue Lilac Coffee Blue Red Black

Comfortable wrap skirt with ties, which can be fixed at any waist size. Has three lengths 40 cm – 48 cm – 55 cm to fit any ballerina.

# MESH SKIRT

DAD 1492

Size: 26–32 26.5 cm

Size: 34–38 30 cm

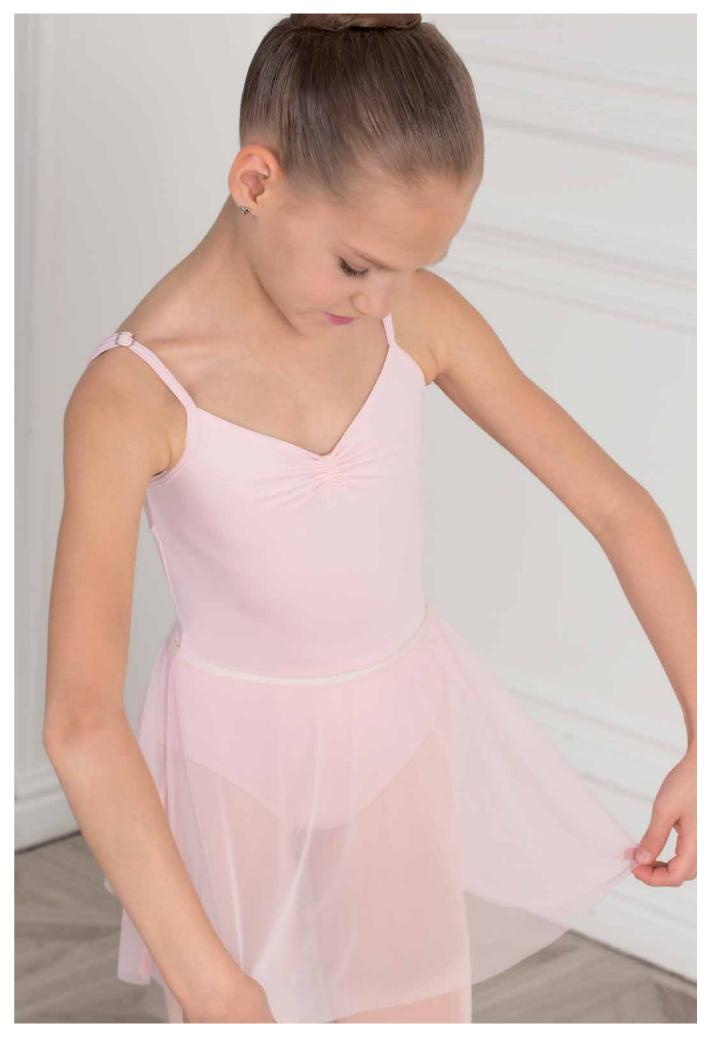
93% polyamide, 7% elastane

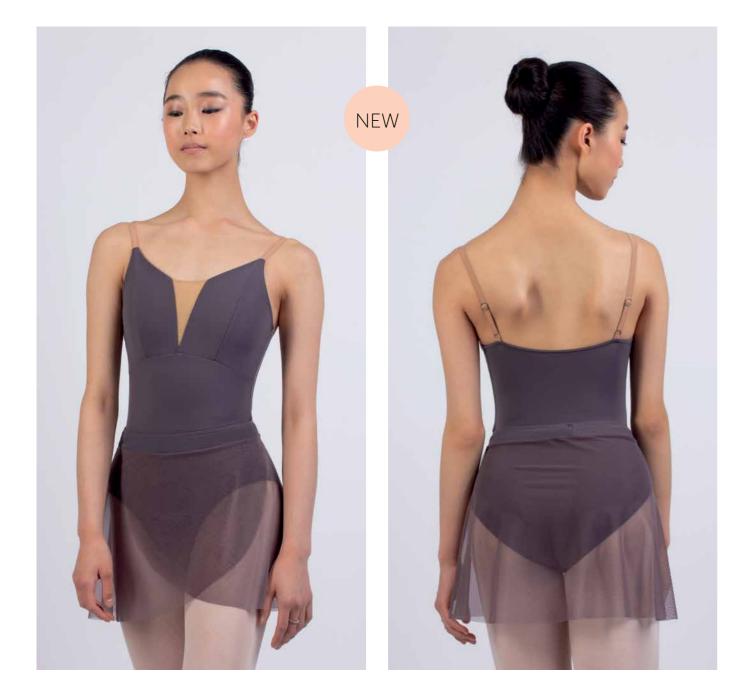






Mesh skirt, perfect for kids with comfortable elastic belt – even the smallest ones will not have any troubles with getting dressed fast!



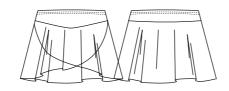


## **MESH SKIRT**

DAD 1945
Size: 36-38
33 cm

**DA 1945** Size: 40–50 33 cm

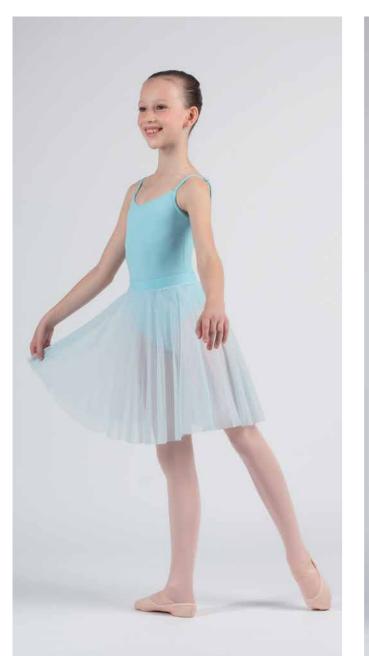
Belt: 80% polyamide micro, 20% elastane Skirt: 93% polyamide, 7% elastane





Short mesh skirt with wide elastic belt to underline the waist — have the similar form to the bestseller 06017/1, but with straight line of the back.







# SKIRT FOR FOLK AND CHARACTER DANCE

DAD 1478 Size: 28–38 DA 1478 Size: 40–50

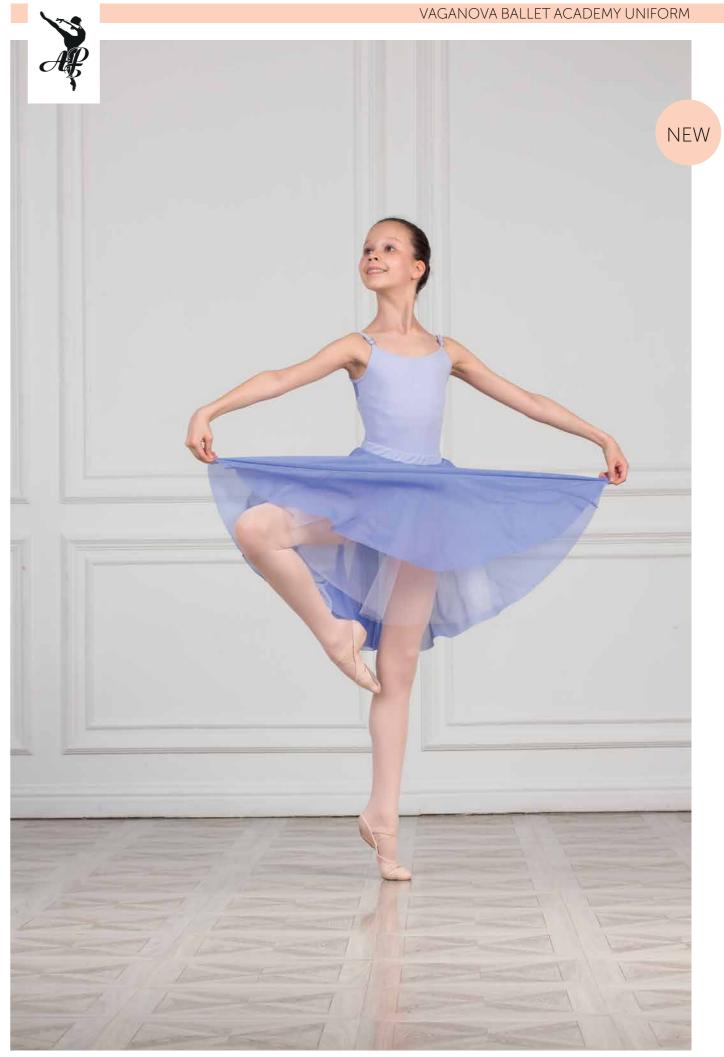
size 28–30 – 35 cm size 32–34 – 40 cm size 36–38 – 45 cm size 40 — 50 cm size 42-50 – 55 cm

93% polyamide, 7% elastane



Long two-layer skirt with soft gathers was made by order of Vaganova Academy for character and folk dance. Wide elastic belt can be fixed on waist or hips and airy mesh allows the dancer to feel free during any

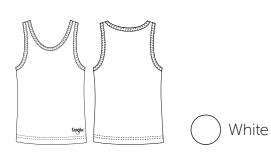
movements.



## TANK TOP

**DAD 1494C** Size: 26–38

90% cotton, 10% elastane



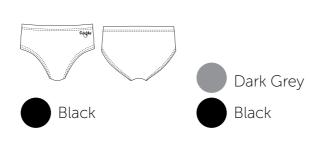


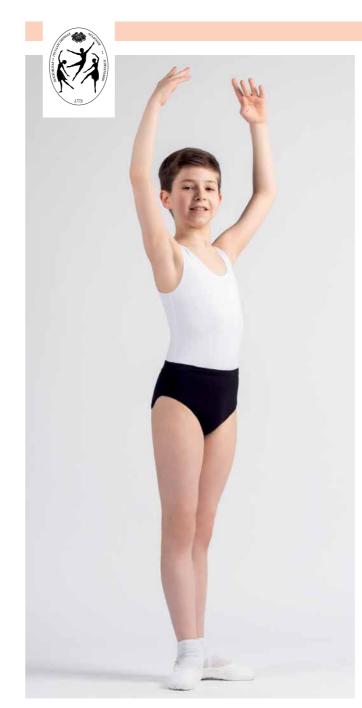
# TRUNKS

**DAD 1495C** Size: 26–38

90% cotton, 10% elastane Size: 26–38 80% polyamide micro, 20% elastane

DAD 1495M





# BODYSUIT

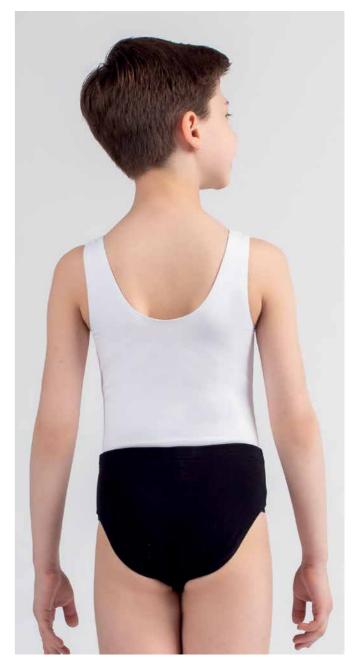
**DAD 109C** Size: 26–38

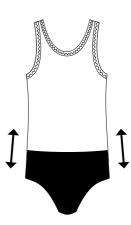
90% cotton, 10% elastane



White/Black

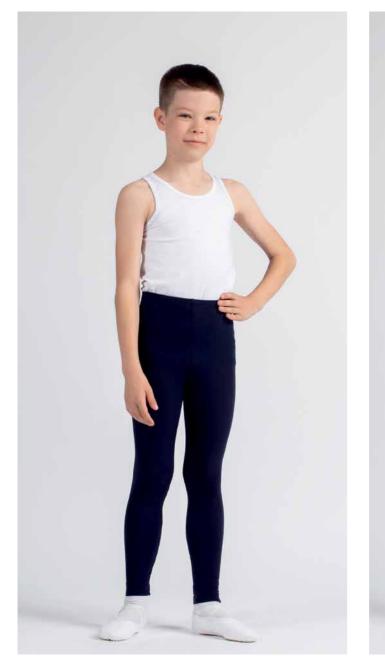
#### BOLSHOI BALLET ACADEMY UNIFORM





Unique one-piece construction created for the perfect fit and comfort: no distraction of attention to the apparel during any movements, no folds of T-shirt under the belt.

Bodysuits, tank top and trunks made of stretchy cotton are comfortable and universal for boys, while teenagers and men prefer leggings in addition to the T-shirt.

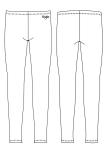




# LEGGINGS

**DAD 1497M** Size: 30–38

80% polyamide micro, 20% elastane





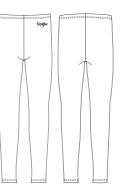
Basic height can be changed by order for taller or shorter dancers.



# LEGGINGS

**DA 1497M** Size: 40–52

80% polyamide micro, 20% elastane

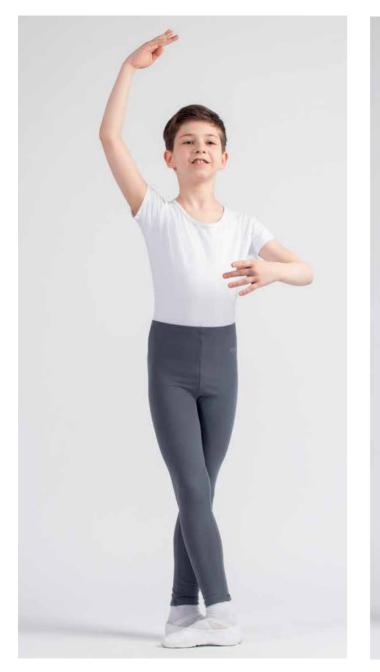




VAGANOVA BALLET ACADEMY UNIFORM



Basic height can be changed by order for taller or shorter dancers.





## BODYSUIT

DAD 1480C Size: 36–38

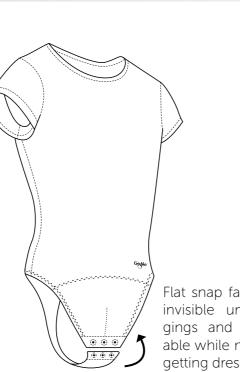
90% cotton, 10% elastane



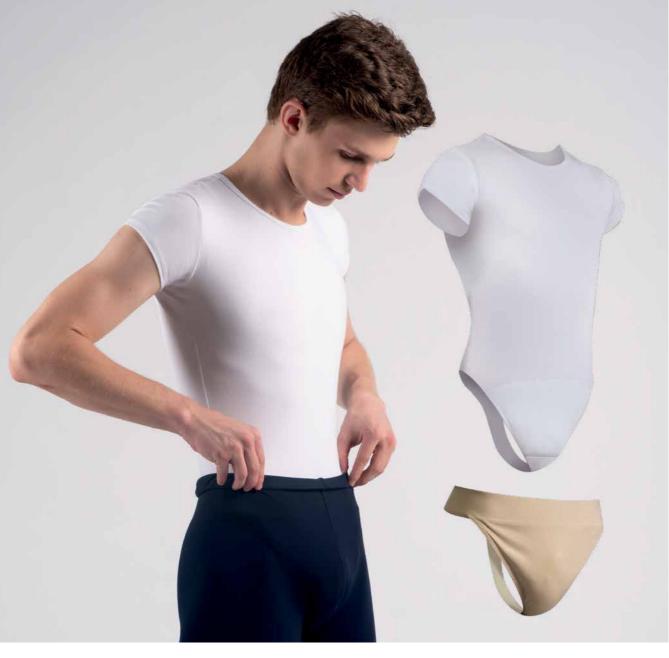
Bodysuit made of stretchy cotton with flat seams is very comfortable and looks very tidy.

> Basic height can be changed by order for taller or shorter dancers.





Flat snap fasteners invisible under leggings and comfortable while moving or getting dressed.



# BODYSUIT

DA 1480C Size: 40-52

90% cotton, 10% elastane



Bodysuit made of stretchy cotton with flat seams is very comfortable and looks very tidy.

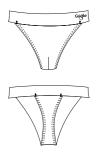
> Basic height can be changed by order for taller or shorter dancers.

#### **MEN'S SUPPORT BELT**

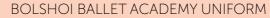
DA 1496C Size: 40–52

90% cotton, 10% elastane

Bandage or classic men's belt is made of soft cotton and has additional soft protection detail inside. The form is created for comfort during dance.



Pale Beige





he uniform is important not only for the academies - ballet companies, dance and sport teams will look and feel like the whole if they are dressed alike. It's easier to create synergy wearing the same suits and using the same accessories. Good uniform becomes the object of dream for followers and fans – and that increases your brand recognition.

If you are the representative of a ballet company or school, you can always ask GRISHKO® managers about exclusive form or color to underline your unique style. The items presented in this look book is what we've already done and recommend, but there's a great field to create something new: suits, t-shirts, leotards and unitards, skirts, leggings... whatever your team needs!

We guarantee to use best materials and refined form to allow the dancers, teachers and sportsmen to feel comfortable and confident – at home or travelling around the world.

# **GIRLS HOODIE**

DAD 1481V Size: 28–38 DA 1481V Size: 40-50

80% cotton, 20% polyester

# **GIRLS PANTS**

DAD 1482V Size: 28-38

DA 1482V Size: 40-50

80% cotton, 20% polyester

Premium quality velour, very soft and beautiful, created especially for Vaganova Ballet Academy.

Basic height can be changed by order for taller or shorter dancers.











#### **GIRLS HOODIE**

DAD 1481 Size: 28–38

95% cotton, 5% elastane



## **GIRLS PANTS**

DAD 1482 Size: 28–38 95% cotton, 5% elastane

Ask your manager for help to choose between the variety of colors and different types of fabric.

Basic height can be changed by order for taller or shorter dancers.





# **GIRLS HOODIE**

DA 1481 Size: 40-50

95% cotton, 5% elastane

Ask your manager for help to choose between the variety of colors and different types of fabric.

Basic height can be changed by order for taller or shorter dancers.





# **GIRLS PANTS**

DA 1482 Size: 40–50

95% cotton, 5% elastane





## **BOYS HOODIE**

DAD 1483 Size: 28–38

95% cotton, 5% elastane

# **BOYS PANTS**

DAD 1484 Size: 28-38 95% cotton, 5% elastane

Ask your manager for help to choose between the variety of colors and different types of fabric.

Basic height can be changed by order for taller or shorter dancers.









## **BOYS HOODIE**

DA 1483 Size: 40-52

95% cotton, 5% elastane

Ask your manager for help to choose between the variety of colors and different types of fabric.

Basic height can be changed by order for taller or shorter dancers.







# **BOYS PANTS**

DA 1484 Size: 40–52

95% cotton, 5% elastane





## **BAG GISELLE**

**0230** Size: 35 x 45 cm 100% polyester



Gold Vintage Gold Cosmic Blue Moon Stone

Silver Star



#### **BAG GALAXY**

#### 0231

Size: 47 x 47 cm 100% polyester







#### **BACKPACK SPACE**

**0232** Size: 40 x 50 cm 100% polyester



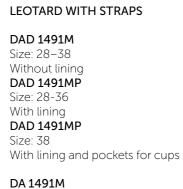




Grishko Logo is a basic print, but we can add your branding on the bag to create unique bags for your school or ballet company.

#### GIRLS





White

Pink

Blue

Lilac

Dark Blue

Coffee

Red

Black

White

Pink

Blue

Lilac

Coffee

Red

Black

White

Pink

Blue

Lilac

Dark Blue

Coffee

Red

Black

Ice Blue

Ice Blue

Ice Blue

Size: 40-50 Without lining DA 1491MP Size: 40–50 With lining and pockets for cups

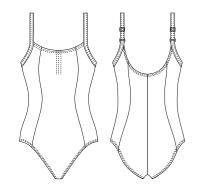
80% polyamide micro, 20% elastane



LEOTARD WITH STRAPS AND MESH
DAD 1491/1M Size: 28–38 Without lining DAD 1491/1MP Size: 28-36 With lining DAD 1491/1MP Size: 38 With lining and pockets for cups
DA 1491/1M

Size: 40–50 Without lining DA 1491/1MP Size: 40–50 With lining and pockets for cups

80% polyamide micro, 20% elastane



#### LEOTARD WITH STRAPS

DAD 1001M Size: 28–38 Without lining DAD 1001MP Size: 28-36 With lining DAD 1001MP Size: 38 With lining and pockets for cups

DA 1001M Size: 40-50 Without lining DA 1001MP Size: 40–50 With lining and pockets for cups

80% polyamide micro, 20% elastane





LEOTARD WITH STRAPS

DAD 1258M Size: 36–38 Without lining DAD 1258MP Size: 36 With lining DAD 1258MP Size: 38 With lining and pockets for cups

DA 1258M Size: 40–50 Without lining DA 1258MP Size: 40–50 With lining and pockets for cups 80% polyamide micro, 20% elastane

#### LEOTARD WITH LONG SLEEVE

DA 1260M Size: 40–50 Without lining DA 1260MP Size: 40–50 With lining

#### LEOTARD WITH STRAPS

DAD 1930M Size: 36–38 Without lining DAD 1930MP Size: 36–38 With lining

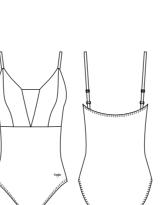
DA 1930MP Size: 40–50 With lining

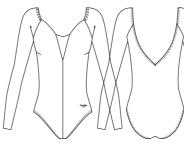
#### LEOTARD WITH LONG SLEEVE

DAD 1931M Size: 36–38 Without lining

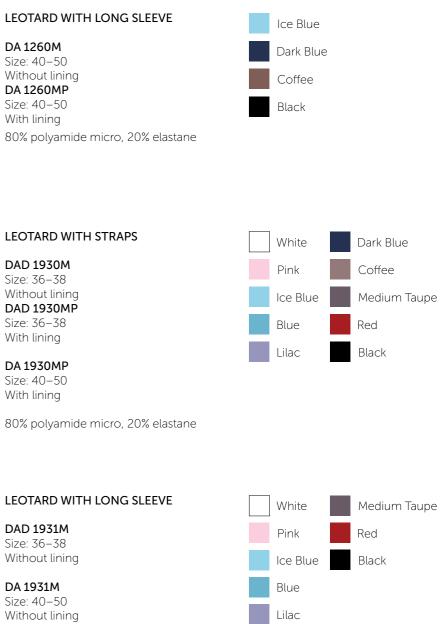
DA 1931M Size: 40–50 Without lining

80% polyamide micro, 20% elastane

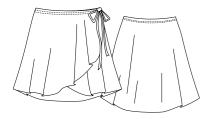






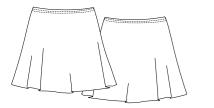


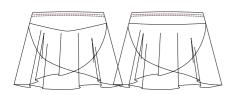
BOYS

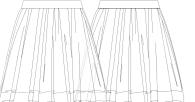




93% polyamide, 7% elastane







MESH SKIRT	
<b>DAD 1492</b> Size: 26–32 26.5 cm	
Size: 34–38 30 cm	

93% polyamide, 7% elastane



DA 1945 Size: 40–50 33 cm

Belt: 80% polyamide micro, 20% elastane Skirt: 93% polyamide, 7% elastane

SKIRT FOR FOLK AND

CHARACTER DANCE

DAD 1478

DA 1478

Size: 28–38

Size: 40–50

7% elastane

93% polyamide,



White

Pink

Blue

White

Pink

Blue

Ice Blue

Ice Blue

Lilac

Red

Black

Lilac

Red

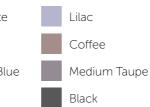
Black

Coffee

Coffee



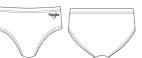




#### TANK TOP

DAD 1494C Size: 26–38

90% cotton, 10% elastane





90% cotton, 10% elastane



BODYSUIT DAD 109C Size: 26-38

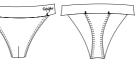
> 90% cotton, 10% elastane

#### BODYSUIT

DAD 1480C Size: 36–38

> 90% cotton, 10% elastane

LEGGINGS



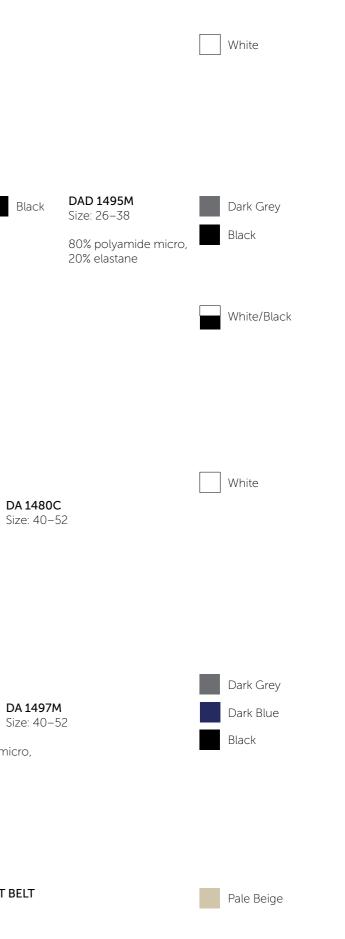


80% polyamide micro, 20% elastane

#### MEN'S SUPPORT BELT

DA 1496C Size: 40-52

90% cotton, 10% elastane



#### WARM-UP SUIT













GIRLS HOODIE DAD 1481V Size: 28–38 DA 1481V Size: 40–50 80% cotton, 20% polyester

GIRLS PANTS

DAD 1482V

Size: 28–38

DA 1482V

Size: 40–50

**GIRLS HOODIE** 

DAD 1481

Size: 28–38

GIRLS PANTS

DAD 1482

Size: 28–38

95% cotton, 5% elastane

95% cotton, 5% elastane

95% cotton, 5% elastane

BOYS HOODIE

DAD 1483

Size: 28–38

BOYS PANTS

DAD 1484

Size: 28–38

DA 1484 Size: 40–52

DA 1483 Size: 40–52

DA 1482 Size: 40–50

DA 1481 Size: 40–50

80% cotton, 20% polyester

Grey (melange) Turquoise Lilac Purple 95% cotton, 5% elastane



BAGS

<u>Grichko</u>



Silver Star Gold

BAG GISELLE

Size: 35 x 45 cm

100% polyester

BAG GALAXY

Size: 47 x 47 cm

100% polyester

0231

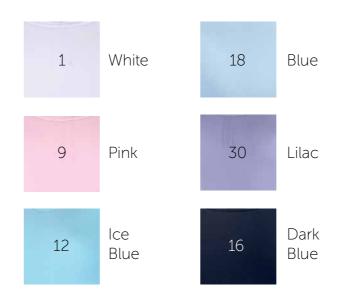
0232

0230





COLOR CHART (POLYAMIDE MICRO)





Grey (melange)

Grey (melange)

Dark Blue

Black

Dark Blue

Black

Grey (melange)

Grey (melange)

Cherry

Black

Cherry

Black

- Vintage Gold
  - Gold
  - Cosmic Blue
  - Moon Stone
- Vintage Gold

  - Cosmic Blue
  - Moon Stone
- Silver Star
- Graphite
- Vintage Gold
- Cosmic Blue
  - Moon Stone
  - Silver Star
  - Graphite



#### All the measurements in chart are based on RU sizes, size range in articles are also in RU sizes.

GIRLS									
Height, cm	110	116–122	128	134	140	146	152		
Height, inch	43"	45"-47"	47"-50"	50"-52,7"	52,7"-55"	55"-57.4"	57,4"-59,8"		
Chest, cm	52	56	57–60	61-64	65-68	69–72	73-76		
Chest, inch	20.4"	22"	22.4"-23.6"	24"-25.1"	25.6"-26.7"	27.1"-28.3"	28.7"-29.9"		
Waist, cm	51	52	53-54	55–57	58-59	60	61		
Waist, inch	20"	20.4"	20.8"-21.2"	21.6"-22.4"	22.8"-23.2"	23.6"	24"		
Hip, cm	60	63	64-68	69–72	73–77	78-81	82-85		
Hip, inch	23.6"	24.8"	24"-26.7"	27.1"-28.3"	28.7"-30.3"	30.7"-31.8"	32.2"-33.4"		
Age (RU)	4-5 Y	5-6 Y	6-7 Y	8-9 Y	9–10 Y	10-11 Y	12–13 Y		
Russia (RU)	26	28	30	32	34	36	38		
Age (EU)	-	4 Y	6 Y	8 Y	10 Y	11 Y	12 Y		
Europe (EU)	110–116	116–122	122–128	128–134	134–140	140–146	146–152		
United States (USA)	4-5	6-7	7-8	8-9	9-10	10-11	12-13		
United Kingdom (UK)	5-6	6–7	7–8	8-9	9–10	10-11	11–12		
Japan (JP)	110	120	120	130	140	150	160		
China (CH)	115	125	125	135	145	155	165		

BOYS									
Height, cm	110	116–122	128	134	140	146	152		
Height, inch	43.5"	45.5"-48"	50.5"	53"	55"	57.5"	60"		
Chest, cm	52	56	57–60	61–64	65-68	69–72	73-76		
Chest, inch	20.4"	22"	22.4"-23.6"	24"-25.1"	25.6"-26.7"	27.1"-28.3"	27.8"-30"		
Waist, cm	51	52	53-54	55-57	58-60	61–63	64-65		
Waist, inch	20"	20.4"	20.8"-21.2"	21.6"-22.4"	22.8"-23.6"	24"-24.8"	25.1"-25.5"		
Hip, cm	60	61	62-65	66-69	70-73	74–77	78-85		
Hip, inch	23.6"	24.8"	24.4"-25.5"	25.9"-27.1"	27.5"-28.7"	29.1"-30.3"	30.7"-33.4"		
Age (RU)	3-4 Y	4-5 Y	6-7 Y	8-9 Y	9–10 Y	10-11 Y	12–13 Y		
Russia (RU)	26	28	30	32	34	36	38		
Age (EU)	-	4 Y	6 Y	8 Y	10 Y	11 Y	12 Y		
Europe (EU)	110–116	116–122	122–128	128–134	134–140	140–146	146-152		

All the measurements in chart are based on RU si

LADIES									
Height, cm	158	164	168–170	168–172	168–172	168–172	168-172		
Height, inch	5'2"	5′4″	5'6"-5'7"	5'6"-5'7"	5'6"-5'7"	5'6"-5'7"	5'6"-5'7"		
Chest, cm	77–80	81-84	85-88	89-92	93–96	97–100	101-104		
Chest, inch	30"-31.5"	32"-33"	33.5"-34.5"	35"-36"	36.6"-37.7"	38"-39.3"	41.3"-42.5"		
Waist, cm	61–62	63-64	65-68	69–71	72–74	75–77	78-81		
Waist, inch	24"-24.5"	24.5"-25"	25.5"-26.7"	27"-28"	28.3″–29"	30"-31.4"	30"-31.8"		
Hip, cm	86-89	90-92	93–96	97–100	101–104	105–108	109-112		
Hip, inch	34"-35"	35.4"-36"	36.6"-37.7"	38"-39"	39.7"-41"	41.3"-42.5"	42.9"-44"		
International	XXS / P	XS	S	Μ	L	XL	XXL		
Russia (RU)	40	42	44	46	48	50	52		
Europe (EU)	34	36	38	40	42	44	46		
Italy (IT)	38	40	42	44	46	48	50		
France (FR)	36	38	40	42	44	46	48		
Germany (DE)	32/34	36	38	40	42	44	46		
United States (USA)	4	6	8	10	12	14	16		
United Kingdom (UK)	8	10	12	14	16	18	20		
Japan (JP)	7	9	11	13	15	17	19		
China (CH)	155/80A	160/84A	165/88A	170/92A	175/96A	180/100A	185/104A		

MEN									
Height, cm	164-	-170	170-	176	176 176–182		182–188		
Height, inch	5'4"-	-5'7"	5'7"-	5'9"	5′9″–6′0″		6'0"-	-7'4"	
Chest, cm	77-80	81-84	85-88	89-92	93–96	97–100	101–104	105–108	
Chest, inch	30"-31.5"	32"-33"	33.5"-34.5"	35"-36"	36.6"-37.7"	38"-39.3"	40"-41"	41.3"-42.5"	
Waist, cm	65-66	67–68	69–70	71–74	75–78	79-82	83-86	87–90	
Waist, inch	25.5"-26"	26.3"-26.7"	27"-27.5"	28"-29"	29.5"-30.7"	31"-32.3"	32.6"-33.8"	34"-35.4"	
Hip, cm	82-85	86-88	89-91	92-94	95–97	98–100	101–103	104–106	
Hip, inch	32.2"-33.4"	33.8"-34.6"	35"-35.8"	36.2"-37"	37.4"-38"	38.5"-39.3"	39.7"-40.5"	41"-41.7"	
International	(	5	М		1 L		XL	XXL	
Russia (RU)	40	42	44	46	48	50	52	54	
Europe (EU)	40	42	44	46	48	50	52	54	

sizes,	size	range	in	articles	are	also	in	RU	sizes.	
--------	------	-------	----	----------	-----	------	----	----	--------	--



GRISHKO® HEAD OFFICE Proezd Zavoda Serp i Molot, 2/4 Moscow, 111250, Russia +7 495 980 91 10 export@grishko.ru

GRISHKO® DISTRIBUTION CENTER Grishko Dance s.r.o. Jiřího ze Vtelna 1731 (Areal Pragorent) 193 00 Praha 9 – Horní počerníce + 420 727 933 480 export@grishko.eu





grishko-world.com



grishkoworld